

Whether you're moving locally, interstate or internationally, moving can have a massive impact on the environment. Use this checklist to help reduce that impact:

# Transportation

### **Be Strategic**

- Limit car trips to as few as possible, consolidate moving-related errands
- Research what moving companies are doing to limit carbon emissions
- Request hybrid moving vehicles if possible
- Determine if flying is absolutely necessary

## **Moving services**

#### What can you do?

- Read reviews and ask friends and neighbors for referrals for eco-friendly moving companies
- Get creative and use suitcases, duffel bags and reusable storage bins
- Source secondhand cardboard boxes. When you're finished, offer them on to someone else
- Ask the moving company about biodegradable bubble wrap and tape, or source your own
- □ Rent reusable tubs or crates

#### Eco-friendly decluttering Avoid the landfill

#### Avoid the landfill

- Donate to thrift stores, schools or charities
- Sell items on eBay or Facebook Marketplace, or post on Freecycle
- Make a trip to a recycling center for used electronics, fabrics, etc.
- Donate canned goods to a local food bank
- Build in time to go through your belongings to avoid ditching things for the landfill

# Clean reponsibly Avoid harsh chemicals

- Use eco-friendly cleaners to keep toxic chemicals out of the house and the environment
- Do the research to hire someone a deep cleaner who is committed to using eco-friendly materials
- ☐ Make your own natural cleaner to save money at the same time as reducing chemical usage!

# **Everyday items**

## Avoid single-use plastics and waste

- Leave out a set of silverware to avoid using plastic sets as you transition to your new home
- □ Keep aside a travel mug and water bottle
- Plan meals ahead to use up frozen meals and ingredients to avoid wasting them

With a little planning and a conscious effort, these tips can help make your move as eco-friendly as possible!

GREEN



