

New Home Eco-Friendly Checklist

Use this checklist for cost-effective ideas to help make your new home a sustainable one!



Kitchen

- ☐ Use biodegradable sponges and trash bags
- ☐ Replace plastic wrap with beeswax wrap
- ☐ Swap out your plastic bottle of dish soap for dish bar soap
- ☐ Skip the paper towels and use reusable cloth towels
- ☐ Create your own non-toxic cleaners with common ingredients like baking soda, white vinegar and lemons
- ☐ Compost food scraps

Bedrooms

- ☐ Bring the outdoors in! Decorate with air-purifying plants for a beautiful aesthetic with health benefits.
- ☐ Shop second-hand. Check out thrift stores and flea markets for furniture, picture frames, and vases.
- ☐ Control electricity usage by using a power strip with an off/on switch
- ☐ Invest in a fan instead of turning on the A/C

Outdoor space

- ☐ Use your green thumb! Plant an herb garden and small vegetables in pots.
- ☐ Install solar-powered lighting
- ☐ Create a shaded area out of your shrubs and trees to naturally cool part of the house or garden
- ☐ Cultivate native plants that require minimal maintenance and fertilizer
- ☐ Make your own insect spray. Avoid toxic chemicals and keep pests at bay!

Laundry room

- ☐ Replace dryer sheets with reusable wool dryer balls
- ☐ Install inexpensive drying racks to limit the use of your dryer
- ☐ Swap to buying laundry detergent in bulk and use refillable containers
- ☐ Re-wear clothes when possible and only wash as needed

Small habits can lead to big changes

- ☐ Replace incandescent lightbulbs with LED
- ☐ Wrap up! In the winter, add layers before putting the heat on.
- ☐ Keep reusable cloth or paper grocery bags in your car so you're prepared.
- ☐ Shop local. Check out local businesses and farmers' markets you can support
- ☐ Avoid single-use items like coffee cups, plastic sandwich bags, straws, and more
- ☐ Get outside and scope out nature trails and local parks. Grow an appreciation for the planet you're trying to protect!