

# Useful Remedies

*Who knew?*

Au Glaize Real Estate Office



607 W. Auglaize St. - Wapak



Eliminate ear mites. All it takes is a few drops of Wesson Corn Oil in your cat's or dog's ear... massage it in, then clean with a cotton ball. Repeat daily for 3 days. The oil soothes the cat's skin, smothers the mites, and accelerates healing.



Kills fleas instantly... Dawn Dishwashing Liquid does the trick. Add a few drops to your dog's bath and shampoo the animal thoroughly. Rinse well to avoid skin irritations. Good-bye fleas.



Rainy day cure for dog odor: Next time your dog comes in from the rain, simply wipe down the animal with Bounce or any dryer sheet, instantly making your dog smell springtime fresh.

**Did you know that drinking two glasses of Gatorade can relieve headache pain almost immediately-without the unpleasant side effects caused by traditional pain relievers?**



Did you know that Colgate Toothpaste makes an excellent salve for burns?



Before you head to the drugstore for a high-priced inhaler filled with mysterious chemicals, try chewing on a couple of curiously strong Altoids peppermints. They'll clear up your stuffed nose.



Achy muscles from a bout of the flu? Mix 1 tablespoon horseradish in 1 cup of olive oil. Let the mixture sit for 30 minutes, then apply it as a massage oil for instant relief for aching muscles.



Sore throat? Just mix 1/4 cup of vinegar with 1/4 cup of honey and take 1 tablespoon six times a day. The vinegar kills the bacteria.



Cure urinary tract infections with Alka-Seltzer. Just dissolve two tablets in a glass of water and drink it at the onset of the symptoms. Alka-Seltzer begins eliminating urinary tract infections almost instantly-even though the product was never been advertised for this use.



Honey remedy for skin blemishes... cover the blemish with a dab of honey and place a Band-Aid over it. Honey kills the bacteria, keeps the skin sterile, and speeds healing. Works overnight.



Listerine therapy for toenail fungus: Get rid of unsightly toenail fungus by soaking your toes in Listerine Mouthwash. The powerful antiseptic leaves your toenails looking healthy again.



Easy eyeglass protection... to prevent the screws in eyeglasses from loosening, apply a small drop of Maybelline Crystal Clear Nail Polish to the threads of the screws before tightening them.



Cleaning liquid that doubles as bug killer... if menacing bees, wasps, hornets, or yellow jackets get in your home and you can't find the insecticide, try a spray of Formula 409. Insects drop to the ground instantly.



Smart splinter remover: Just pour a drop of Elmer's Glue-All over the splinter, let dry, and peel the dried glue off the skin. The splinter sticks to the dried glue.



Hunt's Tomato Paste boil cure... cover the boil with Hunt's Tomato Paste as a compress. The acids from the tomatoes soothe the pain and bring the boil to a head.

Balm for broken blisters... to disinfect a broken blister, dab on a few drops of Listerine, a powerful antiseptic.



Vinegar to heal bruises... soak a cotton ball in white vinegar and apply it to the bruise for 1 hour. The vinegar reduces the blueness and speeds up the healing process.



Quaker Oats for fast pain relief... it's not for breakfast any more! Mix 2 cups of Quaker Oats and 1 cup of water in a bowl and warm in the microwave for 1 minute, cool slightly, and apply the mixture to your hands for soothing relief from arthritis pain.

Like any good helpful remedy there is often secret value to a lot of the things we just take for granted. When you have a real estate need, ask yourself, "Who can I trust to not only help me, but look out for and protect my 'best interests?'" With decades of experience and the trust that has been bestowed on us, because of our honest reputation, you too might discover secret value in working with the professionals at Au Glaize Real Estate Co.





# Bananas

Containing three natural sugars ... sucrose, fructose and glucose combined with fiber, a banana gives an instant, sustained and substantial boost of energy. Research has proven that just two bananas provide enough energy for a strenuous 90-minute workout. No wonder the banana is the number one fruit with the world's leading athletes. But energy ! isn't the only way a banana can help us keep fit. It can also help overcome or prevent a substantial number of illnesses and conditions, making it a must to add to our daily diet.

## Depression:

According to a recent survey, undertaken by MIND, amongst people suffering from depression, many felt much better after eating a banana. This is because bananas contain tryptophan, a type of protein that the body converts into serotonin, known to make you relax, improve your mood and generally make you feel happier.

## PMS:

Forget the pills ... eat a banana. The vitamin B6 it contains regulates blood glucose levels, which can affect your mood.

## Anemia:

High in iron, bananas can stimulate the production of hemoglobin in the blood and so helps in cases of anemia.

## Blood Pressure:

This unique tropical fruit is extremely high in potassium yet low in salt, making it the perfect way to beat blood pressure. So much so, the US Food and Drug Administration has just allowed the banana industry to make official claims for the fruit's ability to reduce the risk of blood pressure and stroke.

## Brain Power:

200 students at a Twickenham (Middlesex) school were helped through their exams this year by eating bananas at breakfast, break, and lunch in a bid to boost their brain power. Research has shown that the potassium-packed fruit can assist learning by making pupils more alert.

## Hangovers:

One of the quickest ways of curing a hangover is to make a banana milkshake, sweetened with honey. The banana calms the stomach and, with the help of the honey, builds up depleted blood sugar levels, while the milk soothes and rehydrates your system.

## Heartburn:

Bananas have a natural antacid effect in the body, so if you suffer from heartburn, try eating a banana for soothing relief.

## Morning Sickness:

Snacking on bananas between meals helps to keep blood sugar levels up and avoid morning sickness.



### Mosquito bites:

Before reaching for the insect bite cream, try rubbing the affected area with the inside of a banana skin. Many people find it amazingly successful at reducing swelling and irritation.

### Nerves:

Bananas are high in B vitamins that help calm the nervous system.

### Overweight and at work?

Studies at the Institute of Psychology in Austria found pressure at work leads to gorging on comfort food like chocolate and crisps. Looking at 5,000 hospital patients, researchers found the most obese were more likely to be in high-pressure jobs. The report concluded that, to avoid panic-induced food cravings, we need to control our blood sugar levels by snacking on high carbohydrate foods every two hours to keep levels steady.

### Ulcers:

The banana is used as the dietary food against intestinal disorders because of its soft texture only raw fruit that can be eaten without distress in over-chronicler cases. It also neutralizes over-acidity and reduces irritation by coating the lining of the stomach.

### Temperature control:

Many other cultures see bananas as a "cooling" fruit that can lower both the physical and emotional temperature of expectant mothers. In Thailand, for example, pregnant women eat bananas to ensure their baby is born with a cool temperature.

### Seasonal Affective Disorder (SAD):

Bananas can help SAD sufferers because they contain the natural mood enhancer tryptophan.

### Stress:

Potassium is a vital mineral, which helps normalize the heartbeat, sends oxygen to the brain and regulates your body's water balance. When we are stressed, our metabolic rate rises, thereby reducing our potassium levels. These can be rebalanced with the help of a high- potassium banana snack.

### Strokes:

According to research in "The New England Journal of Medicine," eating bananas as part of a regular diet can cut the risk of death by strokes by as much as 40%!

So, a banana really is a natural remedy for many ills. When you compare it to an apple, it has four times the protein , twice the carbohydrates, three times the phosphorus, five times the vitamin A and iron, and twice the other

vitamins and minerals. It is also rich in potassium and is one of the best value foods around. So maybe its time to change that well-known phrase so that we say ...

"A banana a day keeps the doctor away!"



Can't Beat Our Service & Commitment to YOU!

# Cinnamon & Honey:

Bet the drug companies won't like this one getting around. Facts on honey and cinnamon: It is found that a mixture of honey and cinnamon cures most diseases. Honey is produced in most of the countries of the world. Scientists of today also accept honey as a 'Ram Ban' (very effective) medicine for all kinds of diseases. Honey can be used without any side effects for any kind of diseases.

Today's science says that even though honey is sweet, if taken in the right dosage as a medicine, it does not harm diabetic patients. Weekly World News, a magazine in Canada, on its issue dated 17 January, 1995 has given the following list of diseases that can be cured by honey and cinnamon as researched by western scientists:

## HEART DISEASES:

Make a paste of honey and cinnamon powder, apply on bread, instead of jelly and jam, and eat it regularly for breakfast. It reduces the cholesterol in the arteries and saves the patient from heart attack. Also those who have already had an attack, if they do this process daily, they are kept miles away from the next attack. Regular use of the above process relieves loss of breath and strengthens the heart beat. In America and Canada, various nursing homes have treated patients successfully and have found that as you age, the arteries and veins lose their flexibility and get clogged; honey and cinnamon revitalize the arteries and veins.

## ARTHRITIS:

Arthritis patients may take daily, morning, and night, one cup of hot water with two spoons of honey, and one small teaspoon of cinnamon powder. If taken regularly even chronic arthritis can be cured, or helped. In a recent research conducted at the Copenhagen University, it was found that when the doctors treated their patients with a mixture of one tablespoon of Honey and half teaspoon of Cinnamon powder before breakfast, within a week, out of the 200 people so treated, practically 73 patients were totally relieved of pain, and within a month, mostly all the patients who could not walk, or move around because of arthritis, started walking without pain. (I think this is worth trying....and I'll bet it even tastes good...GREAT IDEA!!)

## BLADDER INFECTIONS:

Take two tablespoons of cinnamon powder and one teaspoon of honey in a glass of lukewarm water, and drink it. It destroys the germs in the bladder.

## TOOTHACHE:

Make a paste of one teaspoon of cinnamon powder and five teaspoons of honey and apply on the aching tooth. This may be applied three times a day until the tooth stops aching.

## CHOLESTEROL:

Two tablespoons of honey and three teaspoons of Cinnamon Powder mixed in 16 ounces of tea water, given to a cholesterol patient were found to reduce the level of cholesterol in the blood by 10 percent within two hours. As mentioned for arthritic patients, if taken three times a day, any chronic cholesterol is cured. According to information received in the said journal, pure honey taken with food daily relieves complaints of cholesterol. By the way, if you're taking cholesterol medicine, STOP!! They all contain 'STATIN' which weaken your muscles...including YOUR HEART and none has been shown to stop heart attacks or strokes!!!!

## COLDS:

Those suffering from common or severe colds should take one tablespoon lukewarm honey with 1/4 spoon cinnamon powder daily for three days. This process will cure most chronic cough, cold, and clear the sinuses.

## UPSET STOMACH:

Honey taken with cinnamon powder cures stomach ache and also clears stomach ulcers from the root.

## GAS:

According to the studies done in India and Japan, it is revealed that if honey is taken with cinnamon powder the stomach is relieved of gas.

Checked on Snopes and they say only that the article is currently being evaluated.

### **IMMUNE SYSTEM:**

Daily use of honey and cinnamon powder strengthens the immune system and protects the body from bacteria and viral attacks. Scientists have found that honey has various vitamins and iron in large amounts. Constant use of honey strengthens the white blood corpuscles to fight bacteria and viral diseases.

### **INDIGESTION:**

Cinnamon powder sprinkled on two tablespoons of honey taken before food relieves acidity and digests the heaviest of meals.

### **INFLUENZA:**

A scientist in Spain has proved that honey contains a natural Ingredient which kills the influenza germs and saves the patient from flu.

### **LONGEVITY:**

Tea made with honey and cinnamon powder, when taken regularly, arrests the ravages of old age. Take four spoons of honey, one spoon of cinnamon powder and three cups of water and boil to make like tea. Drink 1/4 cup, three to four times a day. It keeps the skin fresh and soft and arrests old age. Life spans also increases and even a 100 year old, starts performing the chores of a 20-year-old.

### **PIMPLES:**

Three tablespoons of honey, and one teaspoon of cinnamon powder paste. Apply this paste on the pimples before sleeping, and wash it next morning with warm water. If done daily for two weeks, it removes pimples from the root.

### **SKIN INFECTIONS:**

Applying honey and cinnamon powder in equal parts on the affected parts cures eczema, ringworm and all types of skin infections.

### **WEIGHT LOSS:**

Daily in the morning one half hour before breakfast on an empty stomach and at night before sleeping, drink honey and cinnamon powder boiled in one cup of water. If taken regularly, it reduces the weight of even the most obese person. Also, drinking this mixture regularly does not allow the fat to accumulate in the body even though the person may eat a high calorie diet.

### **CANCER:**

Recent research in Japan and Australia has revealed that advanced cancer of the stomach and bones have been cured successfully. Patients suffering from these kinds of cancer should daily take one tablespoon of honey with one teaspoon of cinnamon powder for one month three times a day.

### **FATIGUE:**

Recent studies have shown that the sugar content of honey is more helpful rather than being detrimental to the strength of the body. Senior citizens, who take honey and cinnamon powder in equal parts, are more alert and flexible. Dr. Milton, who has done research, says that a half tablespoon of honey taken in a glass of water and sprinkled with cinnamon powder, taken daily after brushing and in the afternoon at about 3:00 p.m. when the vitality of the body starts to decrease, increases the vitality of the body within a week.

### **BAD BREATH:**

People of South America, first thing in the morning, gargle with one teaspoon of honey and cinnamon powder mixed in hot water, so their breath stays fresh throughout the day.

### **HEARING LOSS:**

Daily morning and night honey and cinnamon powder, taken in equal parts restore hearing.

Remember when we were kids? We had toast with real butter and cinnamon sprinkled on it! It's time to do it again!!!



# 70 Uses for a Humble Jug of Vinegar

From KitchenCraftsNMore.net



## Vinegar for personal care

**Vinegar in the bath.** Add one-half cup of vinegar or so to warm bath water when bathing and get double benefits: softer skin and a cleaner bathtub with less work!

**Hair conditioner.** Vinegar makes a simple, inexpensive conditioner for your hair and helps remove the sticky stuff shampoo can leave behind. About a tablespoon will do it.

**Dandruff treatment.** Simply pour a few tablespoons of vinegar on your hair and massage into your scalp. Wait a few minutes, then rinse and wash hair like normal. Try this for a few days until you see results.

**Weight loss.** Vinegar naturally helps to remove fat from the body. Apple cider vinegar is especially good for this. Drink some in a glass of water a few times a day. Add a little lemon or honey for a nicer flavor. This will also help reduce your appetite.

**Dry skin repair.** Smooth a little vinegar on cracked, dried skin to help it heal.

**Clean dentures.** Soak dentures overnight in Heinz White Vinegar, then brush away tartar with a toothbrush.

**Facial spritzer.** Mix apple cider vinegar and water in a 1:1 ratio in a spray bottle. Refreshing!

**Hair cleanser.** Use one cup of vinegar in some warm water to rinse your hair after you shampoo. Vinegar adds highlights to brunette hair, restores the acid mantle and removes soap film and sebum oil.

## Vinegar for cleaning

**Glass cleaner.** Mixed with water or simply sprayed full strength on glass and mirrors, vinegar does a great job quickly and easily. Spray on and wipe windows dry with crumpled-up newspapers, and watch your windows sparkle.

**Car cleaner.** Use vinegar full strength to polish car chrome with a cloth, and see it shine! Use it on your car's windshield and windows, too.

**Clean drinking glasses.** Soak cloudy drinking glasses in warmed white vinegar for a few hours to remove the film. Simply wipe clean, rinse and dry.

**Clean the washer.** Periodically run a gallon of distilled vinegar through your washing machine to clean it thoroughly, get rid of soap scum and clear out the hoses. Run the machine through the warm water wash cycle empty and then add the vinegar during the rinse cycle.

**Furniture polish.** Make your own furniture polish with one part vinegar and three parts lemon oil or olive oil.

**Remove price tags or stickers.** Paint stickers with several coats of vinegar and let it soak in. Depending what you are removing them off, most will slide off easily but some may require a little heavier rubbing.

**Clean the iron.** Pour vinegar into your iron's water compartment and let the iron steam itself clean. Remember to flush it with water when you are done.

**Clean paintbrushes.** Simmer paint brushes in pure vinegar, then wash in hot soapy water.

**Wash walls.** Wipe down your walls with a vinegar-water mixture, which helps absorb odors and clean surfaces.

**Remove spots from glass.** Use a vinegar-soaked cloth to remove spots from glassware or crystal.

**Unclog drains.** Pour boiling white vinegar down clogged drains to remove the clog.

**Clean jars.** Remove odors and stains from jars by cleaning them out with vinegar.


**Clean old lunchboxes.** Soak a piece of bread in vinegar and let it sit in the lunchbox overnight.

**Clean and deodorize the garbage disposal.** Make vinegar ice cubes and feed them down the disposal. After grinding, run cold water.

**Clean the tea pot.** Boil a mixture of water and vinegar in the teapot. Wipe away the grime.

**Clean the dishwasher.** Run a cup of vinegar through the whole cycle once a month to reduce soap build-up on the inner mechanisms and on glassware.

**Clean the microwave.** Boil a solution of 1/4 cup of vinegar and 1 cup of water in the microwave. This mixture

 will loosen splattered-on food and deodorize the microwave.

**Remove smoke smells from clothing.** Add a cup of vinegar to a bath tub of hot water. Hang clothes above the steam.

**Clean eyeglasses.** Wipe each lens with a drop of vinegar.

**Remove stains from furniture and upholstery.** Remove stubborn stains from furniture upholstery and clothes. Apply Heinz White Vinegar directly to the stain, then wash as directed by the manufacturer's instructions.

**Natural air deodorizer.** Heinz Vinegar is a natural air freshener when sprayed in a room.

**Remove rust.** Soak the rusted tool, bolt or spigot overnight in undiluted Heinz White Vinegar.

**Clean the toilet bowl.** Pour in one cup of Heinz White Vinegar, let stand for five minutes and flush.

**Brighten fabrics.** Add 1/2 cup of vinegar to the rinse cycle.

**Natural cleaning wipes.** A cloth soaked with vinegar sanitizes kitchen counters, stove and bathroom surfaces. This is just as effective as antibacterial products and does not promote resistant strains of bacteria like commercial products can. This is also a cheaper and greener way to protect your loved ones.

**Remove lint from laundry.** Add 1/2 cup of vinegar to the rinse cycle.

**Remove grease from suede.** Dip a toothbrush in vinegar and gently brush over grease spot.

**Remove perspiration stains from clothing.** Apply one part vinegar to four parts water, then rinse.

**Clean coffee or tea stains from china.** A mixture of salt and vinegar will clean coffee and tea stains from chinaware.

**Clean coffeepots and coffee makers.** Vinegar can help to dissolve mineral deposits that collect in automatic drip coffee makers. Fill the reservoir with vinegar and run it through a brewing cycle. Rinse thoroughly with water when the cycle is finished.

**Longer-lasting pantyhose.** Add one tablespoon of vinegar to the rinse water when washing, and your pantyhose will last longer.

### Vinegar for food and cooking

**Cheese storage.** Cheese will last longer if you store it in a vinegar-soaked cloth.

**Whiter cauliflower.** Add a teaspoon or so of white vinegar to your cooking water while cooking cauliflower. It will retain a whiter color.

**Stretch ketchup.** Only have a little ketchup left in the bottle? Add a bit of vinegar and give it a good shake -- you'll have a bit more!

**Boiling eggs.** Add a bit of white vinegar to the water you're boiling your eggs in, and the shells won't crack.

**Cooking cabbage.** Add a bit of vinegar to the water you're cooking your cabbage in to remove that stinky cabbage smell.

**Fluffier meringues.** Add 1 teaspoon of vinegar for every three egg whites, and you'll have fluffier meringues.

**Tenderize meat.** Soak in vinegar overnight.

**Unsticky rice.** To cook rice without sticking, add a spoonful of vinegar.

**Remove onion odors.** Eliminate onion odor on your skin by rubbing vinegar on your fingers before and after slicing.

**Disinfect and clean cutting boards.** Clean and disinfect wood cutting boards by wiping with full-strength vinegar.

**Make buttermilk.** Add a tablespoon of vinegar to a cup of milk and let it stand five minutes to thicken.

### Vinegar for gardening and yard care

**Clean clay pots.** Remove white salt buildup on old clay pots by soaking them in full-strength vinegar.

**Kill grass.** Undiluted vinegar kills grass between bricks and sidewalk cracks.

**Kill weeds.** Spray full strength on weeds, but be careful not to spray it on the surrounding grass because it will kill that, too.

**Deter ants.** Spray vinegar around doors, appliances and along other areas where ants are known to gather.

**Keep cats away.** Sprinkle vinegar in areas you don't want the cat walking, sleeping or scratching.

**Freshen cut flowers.** Add 2 tablespoons of vinegar and 1 teaspoon sugar for each quart of water.



## Vinegar for health care

**Soothe sore throats.** Suffering from a sore throat? Mix a teaspoon of vinegar with a glass of water. Gargle with the mixture and then swallow.

**Remove calluses.** Try soaking your feet in a combination of white vinegar and warm water nightly, and watch your feet soften noticeably.

**Sunburn and bee stings.** Soak a washcloth in vinegar and gently apply it to sunburned skin for cool relief. Reapply as needed as it evaporates. Besides sunburn, vinegar also soothes the itch and irritation of bee stings.

**Arthritis tonic.** Take two tablespoons of apple cider vinegar in a glass of water several times a day.

**Jellyfish stings.** Dot the irritation with vinegar to relieve itching.

**Sinus infections and head colds.** Add 1/4 cup or more vinegar to the vaporizer.

**Wart removal.** Mix one part Heinz Apple Cider Vinegar to one part glycerin into a lotion, and apply daily to warts until they dissolve.

**Soothe an upset stomach.** Drink two teaspoons of Heinz Apple Cider Vinegar in one cup of water to soothe an upset stomach.

**Mosquito bites.** Use a cotton ball to dab mosquito and other bug bites with Heinz Vinegar straight from the bottle.

## Vinegar for pets and animals

**Pet drinking water.** Add a teaspoon of vinegar to your pet's drinking water to encourage a shinier coat and reduce odor.

**Remove skunk odor.** Use vinegar straight to remove skunk odor from your pet's fur.

**Stop your cat's scratching furniture.** Sprinkle or spray vinegar on areas you don't want the cat scratching.

**Fish bowl cleaner.** Eliminate that ugly deposit in the gold fish tank by rubbing it with a cloth dipped in vinegar and rinsing well.

**Remove pet stains from carpets.** Blot up urine with a soft cloth, flush several times with lukewarm water, and then apply a mixture of equal parts vinegar and cool water. Blot up, rinse and let dry.

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## Subject: Peroxide vs bleach



I would like to tell you of the benefits of that plain little ole bottle of 3% peroxide you can get for under \$1.00 at any drug store. What does bleach cost?

My husband has been in the medical field for over 36 years, and most doctors don't tell you about peroxide. Have you ever smelled bleach in a doctor's office? NO!!! Why? Be because it smells, and it is not healthy! Ask the nurses who work in the doctor's offices, and ask them if they use bleach at home. They are wiser and know better!

Did you also know bleach was invented in the late 40's? It's chlorine, folks! And it was used to kill our troops. Peroxide was invented during WWI in the 20's. It used to save and help cleanse the needs of our troops and hospitals.

Please think about this:

1. Take one capful (the little white cap that comes with bottle) and hold in your mouth for 10 minutes daily, then spit it out. (I do it when I bathe.) No more canker sores, and your teeth will be whiter without expensive



pastes. Use it instead of mouthwash.

2. Let your toothbrushes soak in a cup of peroxide to keep them free of germs.

3. Clean your counters and table tops with peroxide to kill and leave a fresh smell. Simply put a little on your dishrag when you wipe, or spray it on the counters.

4. After rinsing off your wooden cutting board, pour peroxide on it to kill salmonella and other bacteria.

5. I had fungus on my feet for years until I sprayed a 50/50 mixture of peroxide and water on them (especially the toes) every night and let dry.

6.. Soak any infections or cuts in 3% peroxide for five to ten minutes several times a day. My husband has seen gangrene that would not heal with any medicine but was healed by soaking in peroxide.

7. Fill a spray bottle with a 50/50 mixture of peroxide and water and keep it in every bathroom to disinfect without harming your septic system like bleach or most other disinfectants will.

8. Tilt your head back and spray into nostrils with your 50/50 mixture whenever you have a cold, plugged sinus. It will bubble and help to kill the bacteria. Hold for a few minutes, and then blow your nose into a tissue..

9. If you have a terrible toothache and cannot get to a dentist right away, put a capful of 3% peroxide into your mouth and hold it for ten minutes several times a day. The pain will lessen greatly.

10. And of course, if you like a natural look to your hair, spray the 50/50 solution on your wet hair after a shower and comb it through. You will not have the peroxide-burnt blonde hair like the hair dye packages but more natural highlights if your hair is a light brown, reddish, or dirty blonde. It also lightens gradually, so it's not a drastic change.

11. Put half a bottle of peroxide in your bath to help rid boils, fungus, or other skin infections.

12. You can also add a cup of peroxide instead of bleach to a load of whites in your laundry to whiten them. If there is blood on clothing, pour it directly on the soiled spot. Let it sit for a minute, then rub it and rinse with cold water. Repeat if necessary.

13.. I use peroxide to clean my mirrors. There is no smearing, which is why I love it so much for this. I could go on and on.. It is a little brown bottle no home should be without! With prices of most necessities rising, I'm glad there's a way to save tons of money in such a simple, healthy manner! '

## Subject: Fwd: WD-40

**Water Displacement #40.** The product began from a search for a rust preventative solvent and degreaser to protect missile parts. WD-40 was created in 1953 by three technicians at the San Diego Rocket Chemical Company. Its name comes from the project that was to find a "water displacement" compound. They were successful with the fortieth formulation, thus WD-40. The Corvair Company bought it in bulk to protect their atlas missile parts.

The workers were so pleased with the product, they began smuggling (also known as "shrinkage" or "stealing") it out to use at home. The executives decided there might be a consumer market for it and put it in aerosol cans. The rest, as they say, is history.

It is a carefully guarded recipe known only to four people. Only one of them is the "brew master." There are about 2.5 million gallons of the stuff manufactured each year. It gets its distinctive smell from a fragrance that is added to the brew.



**Ken East (one of the original founders) says there is nothing in WD-40 that would hurt you.**

**When you read the "shower door" part, try it. It's the first thing that has ever cleaned that spotty shower door. If yours is plastic, it works just as well as glass. It's a miracle!**

**Then try it on your stovetop... Voila! It's now shinier than it's ever been. You'll be amazed.**

**Here are some of the uses:**

- a.. Protects silver from tarnishing.**
- b.. Cleans and lubricates guitar strings.**
- c.. Gives floors that 'just-waxed' sheen without making it slippery.**
- d.. Keeps flies off cows.**
- e.. Restores and cleans chalkboards.**
- f.. Removes lipstick stains.**
- g.. Loosens stubborn zippers.**
- h.. Untangles jewelry chains.**
- i.. Removes stains from stainless steel sinks.**
- j.. Removes dirt and grime from the barbecue grill.**
- k.. Keeps ceramic/terra cotta garden pots from oxidizing.**
- l.. Removes tomato stains from clothing.**
- m.. Keeps glass shower doors free of water spots.**
- n.. Camouflages scratches in ceramic and marble floors.**
- o.. Keeps scissors working smoothly.**
- p.. Lubricates noisy door hinges on vehicles and doors in homes.**
- q.. Gives a children's play gym slide a shine for a super fast slide.**
- r.. Lubricates gear shift and mower deck lever for ease of handling on riding mowers.**
- s.. Rids kids rocking chairs and swings of squeaky noises.**
- t.. Lubricates tracks in sticking home windows and makes them easier to open.**
- u.. Spraying an umbrella stem makes it easier to open and close.**
- v.. Restores and cleans padded leather dashboards in vehicles, as well as vinyl bumpers.**
- w.. Restores and cleans roof racks on vehicles.**
- x.. Lubricates and stops squeaks in electric fans.**
- y.. Lubricates wheel sprockets on tricycles, wagons, and bicycles for easy handling.**
- z.. Lubricates fan belts on washers and dryers and keeps them running smoothly.**
- aa.. Keeps rust from forming on saws and saw blades, and other tools.**
- ab.. Removes splattered grease on stove.**
- ac.. Keeps bathroom mirror from fogging.**
- ad.. Lubricates prosthetic limbs.**
- ae.. Keeps pigeons off the balcony (they hate the smell).**
- af.. Removes all traces of duct tape.**
- ag.. Folks even spray it on their arms, hands, and knees to relieve arthritis pain.**

**Florida's favorite use is: "cleans and removes love bugs from grills and bumpers."**

**The favorite use in the state of New York--WD-40 protects the Statue of Liberty from the elements.**

**WD-40 attracts fish. Spray a LITTLE on live bait or lures and you will be catching the big one in no time. Also, it's a lot cheaper than the chemical attractants that are made for just that**

purpose. Keep in mind though, using some chemical laced baits or lures for fishing are not allowed in some states.

Use it for fire ant bites. It takes the sting away immediately and stops the itch.

WD-40 is great for removing crayon from walls. Spray on the mark and wipe with a clean rag.

Also, if you've discovered that your teenage daughter has washed and dried a tube of lipstick with a load of laundry, saturate the lipstick spots with WD-40 and re-wash. Presto! Lipstick is gone!

If you sprayed WD-40 on the distributor cap, it would displace the moisture and allow the car to start.

It removes black scuff marks from the kitchen floor!

Use WD-40 for those nasty tar and scuff marks on flooring. It doesn't seem to harm the finish and you won't have to scrub nearly as hard to get them off. Just remember to open some windows if you have a lot of marks.

Bug guts will eat away the finish on your car if not removed quickly! Use WD-40!

Courtesy of



This came from a close friend who lives on the east coast and we thought it was a great idea to pass on to everyone else...

## ICE campaign - "In Case of Emergency"

We all carry our mobile phones with names & numbers stored in its memory but nobody, other than ourselves, knows which of these numbers belong to our closest family or friends.

If we were to be involved in an accident or were taken ill, the people attending us would have our mobile phone but wouldn't know who to call. Yes, there are hundreds of numbers stored but which one is the contact person in case of an emergency? Hence this "ICE" (In Case of Emergency) Campaign.

The concept of "ICE" is catching on quickly. It is a method of contact during emergency situations. As cell phones are carried by the majority of the population, all you need to do is store the number of a contact person or persons who should be contacted during emergency





under the name "ICE"( In Case Of Emergency).

The idea was thought up by a paramedic who found that when he went to the scenes of accidents, there were always mobile phones with patients, but they didn't know which number to call. He therefore thought that it would be a good idea if there was a nationally recognized name for this purpose. In an emergency situation, Emergency Service personnel and hospital Staff would be able to quickly contact the right person by simply dialing the number you have stored as "ICE".

Please forward this. It won't take too many "forwards" before everybody will know about this.

It really could save your life, or put a loved one's mind at rest.

For more than one contact name simply enter ICE1, ICE2 and ICE3 etc.

Be sure it's in your kid's cell phones also.....

A great idea that will make a difference!

Let's spread the concept of ICE by storing an ICE number in our Mobile phones today !

Au Glaize Real Estate Office



607 W. Auglaize St. - Wapak